

# Good News From Grace



God's work. Our hands.



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## Grace Evangelical Lutheran Church

### Celebrating Our 60th Year



### *The Season of Lent*

This year Ash Wednesday falls on March 2nd, with Easter coming six weeks later, on April 17th. We call this season *Lent*. It is a season of journeying with Jesus to the cross and ultimately empty tomb. A season of self-reflection, a season of repentance, a season of humbling ourselves, a season of reorienting our lives, a season of seeing Jesus for who He is and seeing ourselves in His reflection.

Most of us are reminded of this season by the marking of our foreheads with ashes, acknowledging our brokenness, our limitations and our finitude. As the ashes smear across our skin, we hear the words from Genesis 3:19—*Remember that you are dust and to dust you shall return.*

For most, these words would seem condemning. And in a way, they are. But we know, deep down we know and trust, that our God can do amazing things with ashes. As Jesus rose from the ashes to new life, we also are pulled from the ashes, given new breath, and offered new life in Christ forever.

So this Lenten season, I invite you on this journey to the cross, with Jesus. Worship with us on Wednesday evenings at 6pm at Grace or afterwards online and Sunday's at 10am. Come and experience the newness that God has to offer out of the ashes.



In Christ, *Pr. Nate*



# Church Contacts

<b>Office Telephone</b>	<b>386-677-9141</b>
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	<b>Ormond Beach, FL 32176</b>
Office Fax Number	386-677-9186
Office Email	<b>GLC50@cfl.rr.com</b>
<b>Noah's Ark Preschool</b>	<b>386-677-0336</b>

## CHURCH STAFF

Pastor	Rev. Nathaniel Bendorf
Music Director	Sara Booth
Office Assistant	Volunteers
Noah's Ark Preschool Administrator	Sue Underwood
Treasurer	Sue Underwood

## COUNCIL MEMBERS

President	Bill Lort
Vice President	Joyce Northridge
Secretary	Beth Graeler
Council Members	Sandy Hostettler
	Ruth Haeseker
	Tom Starling
	Carl Wince
	Cathy Quel

## CHURCH FINANCIALS January 2022

INCOME	MONTH-Actual	MONTH-Budget	YEAR to Date-Actual
Regular Giving	\$ 12,855	\$ 13,000	\$ 12,855
Loose Offering	\$ 1,661	\$ 740	\$ 1,661
Other Income	\$ 5,868	\$ 5,531	\$ 5,868
TOTAL INCOME	\$ 20,385	\$ 19,271	\$ 20,385
EXPENSES	\$ 19,525	\$ 20,408	\$ 19,525
NET INCOME / LOSS	\$ 859	\$ (1,137)	\$ 859



**Grace Lutheran Church (ELCA)**  
 "Like" us on Facebook!  
 Share us on YouTube!



**WWW.GRACELCOB.ORG**  
 Share and tell!

## *Come and have a seat...*

In memory of her husband Bob, Carole Hedges has given a gift to Grace Lutheran by purchasing this wonderful addition to our fellowship area. Come and have a seat, relax and share in a conversation with an old friend or a new one :)

On behalf of Grace Lutheran, Thank you Carole!



## Sanctuary Technology Project

As a church, our mission is to share the Good News of Jesus near and far. One of our final steps in the sanctuary technology project will be to add a piece of equipment that will allow for direct recording and even live-streaming of worship services and other church events. Thanks to a very generous donation, this new technology will be coming in the next few months (more information TBA).

If you would be interested in helping with the audio/visual during worship, please let the office know.

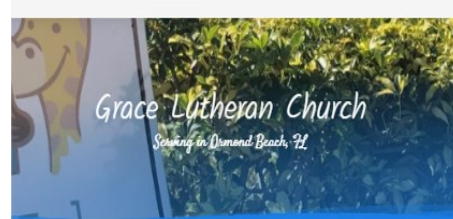
Also, feel free to share the recorded services with family and friends!

## Worship with Grace from anywhere!

All of our worship services are recorded and put online on our Website, Facebook page and YouTube channel. Whether you are traveling, a snowbird, or unable to make it to Grace on a Sunday morning, you can always worship with us virtually each week!

Share our Website with family and friends, like our Facebook page, and subscribe to the YouTube channel to stay connected!

Grace's website <http://gracelcob.org/>  
 Grace's Facebook page <https://www.facebook.com/graceormondbeach/>



## New Members

If you know of any friends or neighbors who come to Grace Lutheran Church and would be interested in joining this spring, please let the church office know. As members of Grace, we are all encouraged to invite friends and neighbors to the worship services and programs here at Grace Lutheran Church. We want all people to feel welcome and to come and see what the Lord is up to!

## First Communion Training

*While they were eating, Jesus took a loaf of bread, and after blessing it he broke it, gave it to the disciples, and said, "Take, eat; this is my body." Matthew 26:26*

If you, or anyone you may know, is interested in First Communion training and would like to partake in the Lord's Supper, please let the office at Grace Lutheran Church know. Typically, First Communion happens sometime between 3<sup>rd</sup> and 6<sup>th</sup> grade. We will work with each family on gaining an understanding of when a child is prepared for such an occasion. If there is a need, we will plan a training in March with a First Communion Celebration during Holy Week.

*These are the gifts of God for the people of God.*

## **THANK YOU 'TRUNK-SALE' VOLUNTEERS**

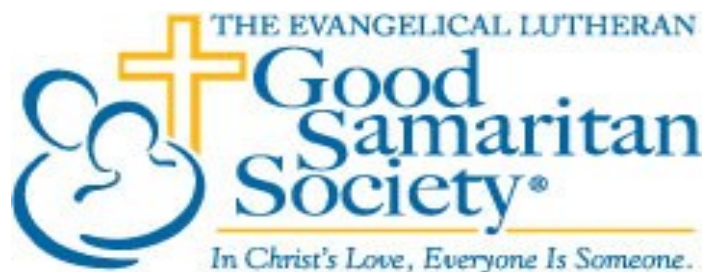
WOW! WHAT AN AMAZING GROUP OF PEOPLE WHO SHOWED UP AND HELPED MOVE TABLES, PLACE ITEMS, SELL GOODS, AND HAVE GREAT CONVERSATIONS! THANKS FOR MAKING THE TRUNK SALE A SUCCESS—OVER \$1500 IN SALES!

WE THANK GOD FOR YOU!





# March Need of the Month



## DONATE TO MAKE A DIFFERENCE

Imagine the loving presence of a certified nursing assistant in a care center, a prayer shared with a home care client or a Bible study among senior living apartment residents. These are all examples of steps toward fulfilling the Good Samaritan Society's vision to create an environment where people are loved, valued and at peace. Your contributions help us continue to take these steps and care for seniors in the way they want to be cared for—with respect and dignity.

### **Items needed are listed below:**

Deodorant, Shower Gels, Shampoo, Shaving Cream for the men, Conditioners for the women, Body Spray, Hand Sanitizers, Hand Lotion, Toothbrushes and Toothpaste (small).

Thanks for helping us make a difference in the lives of seniors!

*The Good Samaritan Society is a not-for-profit organization.*





**Ash Wednesday**  
*is on March 2<sup>nd</sup> and  
 begins the season of  
 Lent— a 40 day journey before  
 Easter!*

*We will worship on Wednesday  
 evenings during Lent at 6pm.  
 Please join us!*

## ORDER YOUR EASTER FLOWERS—\$10.00 EACH

Checks can be made payable to Grace Lutheran Church (or) GLC. You may send your contribution to the church office or turn in your envelope by **April 6th** to be included in the Easter Flower List. Please print your message clearly. Thank you!

## 2021 Annual Reports

The reports are now available. They may be picked up in the narthex of the church. If you are out of town, please contact the office and we will mail one to you.

Thank you to everyone who helped contribute to its production!

## Holy Week Services

**Palm Sunday: April 10th**  
**10:00am**

**Maundy Thursday: April 14th**  
**6:00pm**

**Good Friday: April 15th**  
**12:00pm (noon)**

**Easter Sunday: April 17th**  
**8:30am & 10:00am**

## Lent Conversations

After each Wednesday 6pm Lent service, you are invited to find a friend and have a conversation in the sanctuary utilizing the questions in the bulletin.

This fun opportunity is a chance to spark faith-filled conversations.

## Daylight Savings Time

*Move your clocks ahead an  
 hour on March 13th!*



## CHOIR REHEARSALS



The Grace Choir  
 will be rehearsing  
 on **Sundays**  
**at 9:00am**  
 in the Music Room

*Please join us!  
 Everyone is welcome!*

## *Bell Choir Rehearsals*

The Grace Lutheran Bell Choir is beginning to practice. No experience required—come and learn to ring and together we will make music to the Lord!

Practices on Wednesday's at 5pm!  
 Invite a friend & give it a try!



## PARISH NURSE NEWS—MARCH 2022

I'm still collecting medications for the Bunnell free clinic in Flagler Beach. Please put unused medications in the collection box in the conference room and THANKS!!!!

### **“MY ACHING HEAD”**

Most of us get headaches from time to time, and they can be mild, throbbing, and last for minutes or days. They can occur from blocked sinuses, head injury, tension, or underlying problems. Most headaches begin in the many nerves of the muscles and blood vessels that surround your head, face, and neck. Stress, muscle tension, enlarged blood vessels and other triggers activate nerves, then send messages to the brain. Thus, you have a headache!

Tension headaches are the most common that people get from stress, anxiety, work, too little sleep, missed meals, or jaw clenching. Over the counter medicines help, and making lifestyle changes to relax and reduce stress will help to prevent future headaches.

Migraines are the second most common type of headaches that affect a large population, and are seen in women more than men. Migraines can be a precursor to Multiple Sclerosis. My sister had migraines as a child and was diagnosed with MS years ago. Symptoms are severe pain, and may include nausea and blurry vision. Triggers can be smells, noises, bright lights, certain foods, stress, exercise, and smoking. Avoiding these triggers, and prescription medications can help to avoid future migraines.

Cluster headaches are less common and usually occur at the same time of day or night. These are very painful, may strike one side of the head near the eye, and be sharp or burning pain. They are usually followed by a remission for weeks to months. These occur mostly in men and smokers. A visit to your doctor can help with decreasing this type of headache.

In rare cases, a headache may indicate a serious illness or injury to the brain. Don't hesitate to call your doctor and seek help immediately. Knowing what kind of headache you have could help you manage them and have a healthier life.

*Norma Weaver R.N., CNOR*



## Worship Guidelines Update

Our Church Council met on February 17 and discussed the “next steps” in our COVID protocols. With greater research, time, knowledge, testing and vaccines available, it was agreed to begin relaxing our protocols.

First off, we are moving to “recommending mask wearing” while in church. We ask everyone to respect others’ personal decisions on mask wearing and distancing while in church.

Secondly, beginning March 1<sup>st</sup>, we will be returning the hymnals to the pews and returning to our full liturgy including music and hymns. Communion will be served at the Altar rail as in the past, and Ushers will assist congregants with this change. We will continue to require hand sanitizing prior to proceeding to the Altar and Worship Assistants will continue to wear masks and gloves while distributing Communion.

In that vein, we would also like to open the service to those who wish to be Communion Assistants, Lectors and Altar Guild members. A training/refresh for Communion Assistants and Lectors is scheduled for Sunday, March 13<sup>th</sup>, following the worship service. A training/refresh for Altar Guild is scheduled for Sunday, March 20<sup>th</sup>, following the worship service. If anyone is interested in serving, please plan to attend on these days. We will then schedule everyone’s availability over the next month or two to participate in our Sunday services.

The church has purchased an electrostatic sprayer which will be used after every service to disinfect the sanctuary. This will be very helpful in ensuring everyone’s safety. We strive for generosity and respect for others. We continue to offer prayers for those affected by COVID and for the medical teams working tirelessly. We appreciate your cooperation in keeping our neighbors safe!

Thank you!

*Grace Lutheran Church Council*



Learning Today



Leading Tomorrow

## Noah's Ark Preschool

### March 2022 - Newsletter

Visit our webpage  
at:  
[www.gracelcob.org](http://www.gracelcob.org)

February is Valentine's month, which means a pizza party and lots of candy. We didn't disappoint again this year. Valentines were exchanged, the pizza arrived, and bags of candy left for home. No one was forgotten and no tears were shed. A good day for all.

March is the beginning of the reading program. The sight words have been learned, and the VPK kids have been practicing their simple sentences. The chart is on the door of Ms. Sue's office, and they are slowly beginning to get their Dr. Seuss hat (sticker) representing the first book they have read. It won't be long before they will have read 12 books and they can pick out their first prizes. They are getting much better at adding, subtracting, and graphing as well as printing their names in freehand. The VPK kids are also learning to tell time, which is quite an adventure.

Our 3/4 year olds are doing 3-4 pages of seatwork a day to get them ready for VPK, learning to count to twenty, and learning sign language. The 2-3 year olds are learning to count to 5 in Spanish, learning their colors, and trying to get potty-trained so they can "move up" to the big room across the hall with Ms. Tina. Because this was the original church before it was remodeled, all of the bathrooms are in one area so if you are in a classroom across the hall you must be potty-trained. Though there are occasional "accidents", the students do fairly well raising their hands asking to go potty. They often are too busy playing outside to always remember to stop and go potty, so accidents do occur. This February we also celebrated the very special day, 2-22-22. We colored special hats to remind us of all the two's!

We always look forward to March, because that brings St. Patrick's Day, and spring break. We have been going to chapel every Wednesday to be with Pastor Nate, and listen to the stories he tells us. One day we got to each take a shell home to remind us of our baptism.

Thanks again for all of your continued support.  
See you next month.





Good Day, Brothers and Sisters in Christ our Lord,



As February comes to an end and the Lent season approaches, I feel the need for introspection, praising and thanksgiving our awesome God. Reflecting on Jesus' sacrifice at the cross, and praising Him reservedly, in the intimacy of early morning personal devotionals, just before the days break up with their multiple challenges, is an infallible antidote to the hectic lifestyle of nowadays.

On February the choir and I had quite a journey. We are getting use to having regular rehearsals on Fridays at 11am and on Sundays at 9am. Every week we learn different tunes and I couldn't be more proud. Sunday after Sunday we are getting more solid in our ministry and more closer to each other. Our little group feels like a musical family, every one is so faithful, cooperative, diligent and loving. We are looking forward to welcoming more members into the Choir Family, not only to sing with us every week, but also to share our loving community of singers and God seekers.

On February 20<sup>th</sup>, my mom's birthday :), we had our first meeting with the Handbell Choir members. Our first rehearsal is on Wednesday March 2<sup>nd</sup> at 5pm. We are also looking for more bell ringers, so don't hesitate to contact me if you have the desire to be a part of this marvelous ministry.

March seems to be an intense month in disguise; the quiet reflection that presumably surrounds this season can be the perfect opportunity to launch new projects and follow-up on meetings and contacts in preparation for Holly Week and especially Easter Sunday.

Please keep our music ministry in your prayers. That God would not only bless us but lead us in bringing to our God and our community a beautiful and meaningful celebration for the Passion of Christ and Easter.

Last but not least, it is always hard to pick among numerous lovely tunes we work on each week, but our *Hymn of the Month* is "Be Thou My Vision". It was the prelude in February worship. This early medieval melody, from 433 C.E. was created by an Irish composer now forgotten, in honor of a heroic act performed by St. Patrick. This man of God defied a local Irish king who ordered his people to celebrate the pagan god Druid on Easter Sunday. Patrick, risking his life (defying the King could have cost him his life) climbed to the tallest mountain of the region and lighted an enormous fire just to show that God's light shines in the darkest places and to God is all the Glory. The melody is known as "Slane" after the hill where St Patrick started the fire. Or, so the story goes.

Love you all in Christ always,

Sara Booth





## Birthdays

### March Birthdays

02 Lexi Kearns  
 02 Luke Kearns  
 03 Francine Berger  
 03 Robert Gerard  
 06 Brad Ardner  
 08 Carl Wince  
 08 Laurie Ardner  
 13 Marsha Leftwich  
 16 Nicole Spicer  
 16 Hayden Good  
 18 Elizabeth Arban  
 19 Ellen Krzykowski  
 25 Sue Tyson  
 26 Alan Burton  
 27 Diane Skelley  
 27 Nicolas Hazelip  
 28 Muriel Ilyankoff  
 30 Mark Crabb



31 Virginia Weingartner  
 31 Logan Vinson

### April Birthdays

01 John Stratton  
 04 Kristine Kahn  
 07 Calle Rose Secunda  
 08 Kim Heffner  
 09 James Crowley  
 10 Lawrence Isom  
 14 Karlene Gray  
 15 Ginny Manos  
 15 Janey O'Dacre  
 16 Joyce Northridge  
 20 Chuck Wilde  
 23 Erin Morgan  
 24 Gust Manos  
 28 Lon Moeller



## Anniversaries

### March Anniversaries

05 Dave & Francine Berger  
 20 Wilfred & Kathy Kahn  
 24 Paul & Judy Dammes

### April Anniversaries

03 Phil & Laraine Isom  
 04 Fred & Marlitt Boettcher  
 05 Justin & Kimberly Hyatt  
 17 Bill & Sandy Lort  
 20 Al & Jan Kaeding  
 22 Eric & Virginia Weingartner  
 26 Luo & Ginny Manos

### The Power of a Quarter



GLC has really been successful with the “clink” of our **quarters**. We have paid for so many things that upgrade the church over the past 5 years we have been collecting **quarters**. Please put a couple of quarters in your purse or pocket and place in the offering plates—many quarters make a difference! **Grace Quarterstone Project**



### Altar Flowers and Communion Elements



**WHO:** You!

**WHAT:** Altar Flowers and/or  
Communion Elements

**COST:** \$25.00 each or \$50.00 both - weekly

**WHERE:** Dated sign up book in Lobby

**WHY:** To commemorate a loved one or an  
important event

**HOW:** Use pew envelope or drop off a  
check in the church office

**Thank You very much**



Grace Evangelical  
Lutheran Church

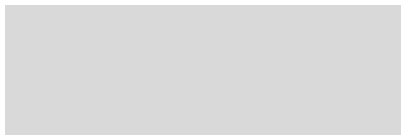
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Permit NO. 227



CURRENT RESIDENT

OR



## Activity Schedule

**WEEKLY WORSHIP SERVICE**      10am on Sundays!

Choir  
Bell Choir  
Coffee Fellowship  
Gift Shop  
Quilters  
Church Council  
Bible Study  
Social Club Luncheon

Friday's at 11am & Sunday's at 9am  
Wednesday's at 5pm  
Temporarily paused due to Covid  
15 minutes before & after Sunday worship  
Tuesdays at 9:30am  
Third Thursday at 1:00pm  
Thursdays at 10:00am via Zoom  
Temporarily paused due to Covid

